

# The Vail Intensive

## Wellness & Covid Protocol



Our goal is to ensure that the first onsite event since the pandemic is extraordinary. We are focusing on creating an enjoyable experience for all while creating a safe and health-conscious environment.

The following is a list of procedures to help us do just that.

### Prior to Traveling to Vail

If you, or someone you have been in close contact with, is experiencing flu-like symptoms or has tested positive for COVID-19 within 10 days of the start of the event, we ask that you withdraw your registration. We will honor a full refund for anyone who must cancel for this reason.

We highly recommend taking a COVID PCR test before traveling to Vail to ensure you will receive a negative test upon registration.

### Registration Process

When checking in for the event at the Registration table, you will be given a COVID Antigen Test. **You must test negative to receive your nametag and participate in the event.**

**Exception** - If you had COVID between April 7 and June 25, 2022, you will be asked to fill out a form documenting your illness and recovery and then you will receive your nametag and can participate in the event. *Studies have shown that individuals who had COVID may continue to test positive on certain COVID tests up to 3 months after having COVID.*

If you test positive, you will need to put on a mask and follow whatever the current CDC guidelines are as of the time of the event, including the possibility of isolating for 5 or more days.

## During the Event

**Ventilation** - To the extent possible, doors will be kept open and we will use an outside tent for meals and registration.

**Meals** - All meals will be sit-down meals (no buffet), served in an outside tent, and the staff will wear gloves and masks.

**Seating in the Hall** - You'll have your choice of two sections: one will be for those who wish to wear masks, and the other will be for those who do not wish to wear one. We will be sending out a survey to gather your preference prior to the event so we can plan accordingly.

**Disinfecting** - The hotel staff will clean the hall, boutique and other public areas daily.

**Health and Safety Seva Team** - Available all weekend, they will help with COVID tests and wellness checks, answer questions and connect you with resources.

**If your roommate tests positive for COVID and stays in the hotel room** - If you don't also test positive for COVID and wish to stay in the program, you will need to move hotel rooms. We will do our best to connect you with other participants who may be able to welcome you in their room, as well as provide a list of additional hotels in the area.

## What if I Feel Symptoms Coming On During the Event?

If you are feeling cold or flu-like symptoms, we ask that you take a COVID test. There will be plenty of tests on hand and a Health and Safety Seva team to help you determine a course of action. If you test positive, you will need to follow current CDC guidelines. If you have specific COVID symptoms, such as a fever or the loss of taste and smell, the Health & Safety Seva team will guide you on the appropriate actions to take, including COVID testing and possible isolation.

*Any questions? Contact us at [support@sai-maa.com](mailto:support@sai-maa.com)*